



ATHARVA EDUCATIONAL TRUST'S
ATHARVA COLLEGE OF ENGINEERING

(Approved by AICTE, Recognized by Government of Maharashtra
& Affiliated to University of Mumbai - Estd. 1999 - 2000)
ISO 2100:2018 ISO 14001:2015 ISO 9001:2015
NAAC A+ Accredited

Department of Information Technology

ACE/INFT/FR/22/2024-25

Date: 29/08/2024

Seminar Report

Event Name:	Goal Setting Course
College/Institute Name:	Atharva College of Engineering
Date and Time:	29 th August 2024, 11:00 AM to 12:00 PM
Venue:	R2,1st Floor,ACE Malad West
Speaker Name and Designation	Mr. Nikhil Yadav Founder of Intellectsia, Mumbai
Topic of Event:	Seminar for IT students Guided on “Goal Setting Course”
Mode of conduction:	Offline mode
Coordinators of the Event:	Prof. Preeti Mishra Prof Renuka Nagpure Prof. Snehal Mahajan
Targeted Audience:	TE INFT STUDENTS
No. of Participants:	38
Brief Description of Event:	<p>Objective of the Event:</p> <ul style="list-style-type: none">● The objective of the event was to empower students with the knowledge, tools, and strategies needed to set and achieve meaningful goals in both their personal and professional lives.● Understand the Importance of Goals● Learn Effective Goal-Setting Techniques● Develop a Personalized Action Plan● Identify and Overcome Obstacles● Track Progress and Stay Accountable● Foster a Growth Mindset● Build a Sustainable Goal-Setting Practice <p>Topics Covered in the Event:</p> <ul style="list-style-type: none">● Identify and Overcome Obstacles in Goal Setting● Focuses on four parts of the mind “BUDDHI, MANAS, AHANKAR and CHITTA”● Buddhi - The Intellect● Manas - A Huge Silo of Memory



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	<ul style="list-style-type: none">● Ahankara - The Sense of Identity● Chitta - The Cosmic Intelligence <p>Outcome of the Event</p> <ul style="list-style-type: none">● Students get a clear understanding of their goals● Students get clear action plan that outlines the steps needed to achieve their goals● Get a clear idea of planning to execute and achieve their goals.
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PHOTOGRAPHS OF THE EVENT:



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ACE/SEMINAR/INFT/ FR/22/24-25



Internal Quality Assurance Cell (IQAC - ACE), Institution's Innovation Council (IIC-ACE) &
Department of Information Technology

Organizes
SEMINAR

on
"Goal Setting Course"

Speaker: Mr. Nikhil Yadav

Venue: Classroom R2, Phase1 , ACE.

Date & Time: 29th August 2024 , 11:00 AM - 12:00 PM

Prof. Deepali Maste
HOD, INFT

Prof. Priti Mishra
Prof. Renuka Nagpure
Prof. Snehal Mahajan
Seminar/Guest Lecture Coordinator

Shri. Sunil Rane
Executive - President , Atharva Group of
Institutes & Founder Secretary - AET

Dr. Ramesh Kulkarni
Principal - ACE

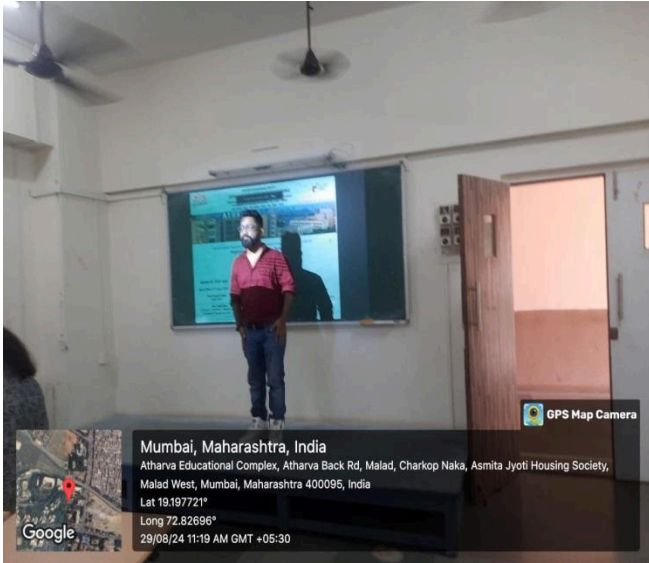
Dr. P. N . Nemade
Professor-ACE



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Priti A Mishra

R Nagpure

SM

Prof. Priti Mishra
Prof Renuka Nagpure
Prof. Snehal Mahajan
Coordinator

Deepali

Prof Deepali Maste
HOD, INFT

Ramesh Kulkarni

Dr. Ramesh Kulkarni
Principal, ACE